

Doubt

A Covenant Group Session Outline prepared by Pam Kirk

September, 2017

Chalice Lighting and Opening Words:

Sharing of Joys and Concerns:

(Each person speaks uninterrupted for 2-3 minutes. If you need, it may be request it now. The facilitator will save time for you to share at the end of the meeting.)

Old and New Group Business:

Readings:

Our doubts are traitors and make us lose the good we oft might win by fearing to attempt.

Shakespeare

Doubt is the origin of wisdom.

Descartes

A mind troubled by doubt cannot focus on the course to victory.

Arthur Golden

To know much is often the cause of doubting more.

Michel de Montaigne

Doubt comes in at the window, when Inquiry is denied at the door.

Benjamin Jowett

Questions for Contemplation and Discussion:

What situation in your life have provoked considerable doubt?

If you chose to act in spite of your doubts, how did you feel?

Have you experienced doubt as a warning and chosen not to do something?

While we never know “the “path not taken”, in retrospect, do you wish that you had heeded or overcome your doubts?

Did religious doubt bring you to UUism? What happened next?

Each person has an opportunity to answer one or more questions, depending on time available. No interruptions or crosstalk, please.

It is always OK to pass.

After each person has had the opportunity to respond to the questions, open discussion follows with no crosstalk. This is a time for deep listening to each other.

Wrap up:

Feedback? Likes and dislikes? Is there something you wish you had said?

Closing Words:

"None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful."

– Mother Teresa

May we learn from our doubts and each oth's to do great things.